

FAQ Badges

Q: What is a Badge?

A: A Live Healthy Badge is a way to award participants for living a healthy lifestyle. They are fun incentives that give you and your team “bragging rights” to help you stay motivated throughout your challenge.

Q: What Live Healthy badges are available during my challenge and how can I earn badges?



Activity Badge (5, 10, 15, 20, 25, 30 hrs) – Awarded when a participant reaches the corresponding number of activity hours. For example, a participant earns the 5 hour badge when they record 5 hours of activity, 10 hour badge for 10 hours of activity, etc.



Captain Badge – Awarded for being the Captain of a team.



Download Recipe Badge - Awarded after participant views a recipe.



Electronic Reading Badge - Awarded after participant views an article.



Login Badge – Awarded after participant logs in for the first time.



Activity Badge - Awarded to the participant who completed the most activity on their team for the recording week.



Recording Badge – Awarded after completing weekly recording. The participant has recorded information at least ONCE during the recording period.



Star Badge - Awarded after any personal goals are entered and completed.



Video Badge - Awarded after participant views a video.



Weight Badge (5, 10, 15 and 20 pounds) – Awarded when a participant reaches the corresponding number of pounds lost. A participant earns a Lose 5 Pounds badge when they lose 5 pounds (from their starting weight to their current weight.)



Group Weight Lost Badge - Awarded to the team member with the greatest weight loss.



Team Recording Badge - Awarded when every person on the team has recorded at least once during the recording period.

Q: How do I earn Badges?

A: As a participant you can earn personal and/or team badges when a goal and/or an accomplishment is achieved. These can be found on the right column of your dashboard. Badges are earned each recording period and they are not based on your cumulative hours.

Q: What are Healthy Points?

A: Each badge is associated with a number of points.

Q: As I complete tasks will badges/points be automatically added to my dashboard?

A: In most cases, the badges will be automatically awarded when the task is completed. However, there are several badges that will be recorded at the end of each recording period (recording badge, weight badge and team badges).

Q: How many badges/points can I earn during the challenge?

A: There is no limit to the amount of badges you can earn!